



An independent licensee of the Blue Cross and Blue Shield Association

**ACCESS TO CARE STANDARDS  
FOR ON-EXCHANGE MEMBERS IN ALL PRODUCTS IN ALL LINES OF BUSINESS -  
EXCLUDING MEDICARE AND MEDICAID  
DRIVING DISTANCE TO PROVIDERS**

Individual Provider Specialty Types	Maximum Time and Distance Standards Time is measured in minutes and distance is measured in miles									
	Large Metro County		Metro County		Micro County		Rural County		Counties with Extreme Access Considerations (CEAC)	
	Time	Distance	Time	Distance	Time	Distance	Time	Distance	Time	Distance
Allergy and Immunology	30	15	45	30	80	60	90	75	125	110
Cardiology	20	10	30	20	50	35	75	60	95	85
Cardiothoracic Surgery	30	15	60	40	100	75	110	90	145	130
Chiropractor	30	15	45	30	80	60	90	75	125	110
Dental	30	15	45	30	80	60	90	75	125	110
Dermatology	20	10	45	30	60	45	75	60	110	100
Emergency Medicine	20	10	45	30	80	60	75	60	110	100
Endocrinology	30	15	60	40	100	75	110	90	145	130
ENT/Otolaryngology	30	15	45	30	80	60	90	75	125	110

Gastroenterology	20	10	45	30	60	45	75	60	110	100
General Surgery	20	10	30	20	50	35	75	60	95	85
Gynecology/OB/GYN	10	5	15	10	30	20	40	30	70	60
Individual Provider Specialty Types	Maximum Time and Distance Standards Time is measured in minutes and distance is measured in miles									
	Large Metro County		Metro County		Micro County		Rural County		Counties with Extreme Access Considerations (CEAC)	
	Time	Distance	Time	Distance	Time	Distance	Time	Distance	Time	Distance
Infectious Diseases	30	15	60	40	100	75	110	90	145	130
Nephrology	30	15	45	30	80	60	90	75	125	110
Neurology	20	10	45	30	60	45	75	60	110	100
Neurosurgery	30	15	60	40	100	75	110	90	145	130
Occupational Therapy	20	10	45	30	80	60	75	60	110	100
Oncology-Medical Surgical	20	10	45	30	60	45	75	60	110	100
Oncology-Radiation	30	15	60	40	100	75	110	90	145	130
Ophthalmology	20	10	30	20	50	35	75	60	95	85
Orthopedic Surgery	20	10	30	20	50	35	75	60	95	85

Outpatient Clinical Behavioral Health(Licensed, accredited, or certified professional)	10	5	15	10	30	20	40	30	70	60
Physical Medicine/Rehabilitation	30	15	45	30	80	60	90	75	125	110
Physical Therapy	20	10	45	30	80	60	75	60	110	100
Plastic Surgery	30	15	60	40	100	75	110	90	145	130
Podiatry	20	10	45	30	60	45	75	60	110	100
Primary Care - Adult	10	5	15	10	30	20	40	30	70	60
Primary Care - Pediatric	10	5	15	10	30	20	40	30	70	60
Psychiatry	20	10	45	30	60	45	75	60	110	100
Pulmonology	20	10	45	30	60	45	75	60	110	100
Rheumatology	30	15	60	40	100	75	110	75	145	130
Speech Therapy	20	10	45	30	80	60	75	60	110	100
Urology	20	10	45	30	60	45	75	60	110	100
Vascular Surgery	30	15	60	40	100	75	110	90	145	130

## Time and Distance Standards for Facility Specialty Types

Facility Specialty Types	Maximum Time and Distance Standards Time is measured in minutes and distance is measured in miles									
	Large Metro County		Metro County		Micro County		Rural County		Counties with Extreme Access Considerations (CEAC)	
	Time	Distance	Time	Distance	Time	Distance	Time	Distance	Time	Distance
Acute Inpatient Hospitals (must have EM services 24/7)	20	10	45	30	80	60	75	60	110	100
Cardiac Catheterization Services	30	15	60	40	160	120	145	120	155	140
Cardiac Surgery Program	30	15	60	40	160	120	145	120	155	140
Critical Care Services- Intensive Care Units (ICU)	20	10	45	30	160	120	145	120	155	140
Diagnostic Radiology (Free-standing; hospital outpatient; ambulatory health w/diagnostic radiology)	20	10	45	30	80	60	75	60	110	100
Inpatient or residential behavioral health facility services	30	15	70	45	100	75	90	75	155	140
Mammography	20	10	45	30	80	60	75	60	110	100
Outpatient Infusion/Chemotherapy	20	10	45	30	80	60	75	60	110	100
Skilled Nursing Facilities	20	10	45	30	80	60	75	60	95	85
Surgical Services (Outpatient or ASC)	20	10	45	30	80	60	75	60	110	100
Urgent Care	20	10	45	30	80	60	75	60	110	100

# County Classifications

Alamance	NC	Metro
Alexander	NC	Micro
Alleghany	NC	Rural
Anson	NC	Rural
Ashe	NC	Micro
Avery	NC	Micro
Beaufort	NC	Micro
Bertie	NC	Rural
Bladen	NC	Rural
Brunswick	NC	Metro
Buncombe	NC	Metro
Burke	NC	Metro
Cabarrus	NC	Metro
Caldwell	NC	Metro
Camden	NC	Rural
Carteret	NC	Metro
Caswell	NC	Micro
Catawba	NC	Metro
Chatham	NC	Metro
Cherokee	NC	Micro
Chowan	NC	Micro
Clay	NC	Micro
Cleveland	NC	Metro
Columbus	NC	Micro
Craven	NC	Metro
Cumberland	NC	Metro
Currituck	NC	Micro
Dare	NC	Micro
Davidson	NC	Metro
Davie	NC	Micro
Duplin	NC	Micro
Durham	NC	Metro
Edgecombe	NC	Metro
Forsyth	NC	Metro
Franklin	NC	Metro
Gaston	NC	Metro
Gates	NC	Rural
Graham	NC	Rural
Granville	NC	Metro
Greene	NC	Micro
Guilford	NC	Metro
Halifax	NC	Micro

Harnett	NC	Metro
Haywood	NC	Metro
Henderson	NC	Metro
Hertford	NC	Micro
Hoke	NC	Metro
Hyde	NC	CEAC
Iredell	NC	Metro
Jackson	NC	Micro
Johnston	NC	Metro
Jones	NC	Rural
Lee	NC	Metro
Lenoir	NC	Metro
Lincoln	NC	Metro
McDowell	NC	Micro
Macon	NC	Micro
Madison	NC	Rural
Martin	NC	Rural
		Large
Mecklenburg	NC	Metro
Mitchell	NC	Micro
Montgomery	NC	Micro
Moore	NC	Metro
Nash	NC	Metro
New		
Hanover	NC	Metro
Northampton	NC	Rural
Onslow	NC	Metro
Orange	NC	Metro
Pamlico	NC	Rural
Pasquotank	NC	Micro
Pender	NC	Micro
Perquimans	NC	Micro
Person	NC	Micro
Pitt	NC	Metro
Polk	NC	Micro
Randolph	NC	Metro
Richmond	NC	Micro
Robeson	NC	Metro
Rockingham	NC	Metro
Rowan	NC	Metro
Rutherford	NC	Metro
Sampson	NC	Micro
Scotland	NC	Micro
Stanly	NC	Metro
Stokes	NC	Micro

Surry	NC	Metro
Swain	NC	Rural
Transylvania	NC	Micro
Tyrrell	NC	CEAC
Union	NC	Metro
Vance	NC	Micro
		Large
Wake	NC	Metro
Warren	NC	Rural
Washington	NC	Rural
Watauga	NC	Metro
Wayne	NC	Metro
Wilkes	NC	Micro
Wilson	NC	Metro
Yadkin	NC	Micro
Yancey	NC	Micro